



Supporting Autism

FOR WISCONSIN'S BIRTH TO 3 PROGRAM

Professional Development
Bundle

“A good start in the first
1000 days.”

—WISCONSIN’S BIRTH TO 3 PROGRAM

CONTENTS OF THIS BUNDLE

01 **Something to WATCH/ LISTEN**

Strengths-based practice podcasts and videos

02 **Something to READ**

ASAN's 'Welcome to the Autistic Community' e-book

03 **Something to DO**

Take the Autism Best Practices Quiz & Masterclass

04 **Something to REFLECT Upon**

Where are you on the Autism Level Up! Scale?

WATCH!

Choose one of the videos to learn more about how to support autistic children and families.

[Amazing Things Happen!](#) (5:30)

Watch this short video on autism.



[Neuroaffirming Practice| Bryden Carlson-Giving & Katherine McGinley| TEDx Talk](#) (18:11)

Watch this video to hear a therapist and therapy student discuss their own journey in understanding how to support a neurodivergent population.



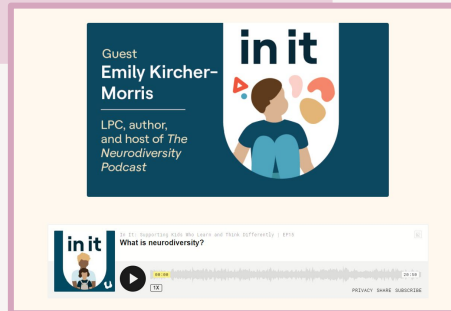
LISTEN!

Choose one of the podcasts to learn more about how to support autistic children and families.



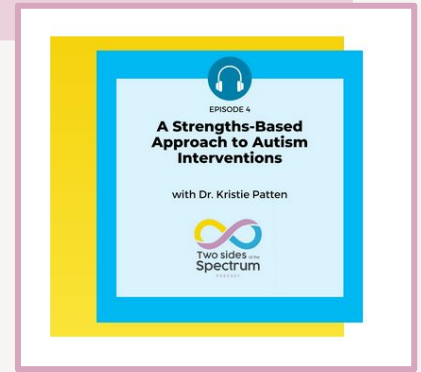
What is neurodiversity? In It: Supporting Kids Who Learn and Think Differently Podcast (20:50)

Hear a neurodivergent mom and a former teacher discuss neurodiversity and its application to children.



A Strengths-Based Approach to Autism Interventions with Dr. Kristie Patten Two Sides of the Spectrum Podcast (45:35)

This podcast discusses the move from a deficits-based model to a strengths-based approach to supporting autism.



READ!

Below, you will find a link to a resource from the Autistic Self Advocacy Network (ASAN). Explore a chapter that interests you! Use as a reference as you continue to learn.

Welcome to the Autistic Community

[Access the entire e-book here](#), view the [table of contents](#), or [download a copy](#)

Check out Chapter 1 to read more about [identity](#) [first language](#) and Chapter 5 for [neurodiversity](#)

DO!

Click on the button to take a quiz on best practices.

[Autism Best Practices Quiz](#)

If you want to learn more, take the free masterclass, [4 Essential Steps Towards a Strength-Based Approach to Autism](#).

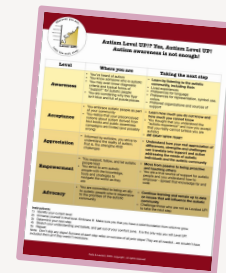


Reflect



Reflect on where you are in your awareness and acceptance using the [Autism Level Up! guide](#). Make an action plan to level up!

Get The Guide To Leveling UP!
In 10 Languages



Check in with your team to discuss this PD bundle and how this information can support children and families.



Would you mind taking a moment to provide feedback about this PD bundle?

Please follow [THIS LINK](#) to fill out a very short survey.
Thank you!

Contact RESource with any questions.



Please [“reach out to RESource”](#) if you have questions related to this bundle or anything else related to early intervention.

We also encourage you to visit our [“Your Questions Answered” page on EI in WI](#) to see what others are asking.

References

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- Learn Play Thrive. (n.d.). *Does your work reflect neurodiversity affirming principles?* Learn Play Thrive. <https://learnplaythrive.com/quiz/>
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